

Kate M. Kros

Senior Public Affairs Advisor

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Kate M. Kros is a senior public affairs advisor with Foley & Lardner LLP's Government Solutions Practice Group and brings over 15 years of experience in grassroots advocacy, federal policy and strategic communications to her work advising clients. In her role, Kate develops and deploys advocacy strategies, leveraging bipartisan connections on and off Capitol Hill. Among other things, Kate also provides clients with legislative, regulatory, and research-based policy insights, oversees federal and state compliance for the firm and clients, and assists in management of political giving.

Prior to Foley, Kate spent eight years at a consulting firm connecting 80+ non-profit organizations, trade associations, and stakeholders with legislators, training thousands of self-advocates on how to successfully communicate with their members of Congress and executing large-scale advocacy fly-ins in district offices and on Capitol Hill. She scheduled hundreds of bipartisan, bicameral meetings yearly with every member of Congress. Kate is a native of Milwaukee, Wisconsin.

Awards and Recognition

- 2024 Marquette University Klingler College of Arts and Sciences [Young Alumna of the Year](#)

Affiliations

- President, Wisconsin State Society (2025 – Present)
 - The Wisconsin State Society is a congressionally-chartered organization that is part of the National Conference of State Societies (NCSS). As President, Kate oversees the Board of Directors, spearheads a variety of programming, and maintains close ties to the Wisconsin congressional delegation.
- Member, National Board of Directors, Marquette University (2025 – Present)
- Member, Leadership Council, Marquette University Klingler College of Arts & Sciences (2023 – Present)

- Member, Young Alumni Leadership Council, Marquette University (2017 – 2022)
- President, Marquette University Alumni Club of Washington, D.C. and Northern Virginia (2016 – 2021)
 - As President, Kate represented and engaged over 2,000 alumni in the DC area.

Community Involvement

Kate continues to volunteer regularly at Catholic Charities – Archdiocese of Washington. In the past, she has overseen meal programs and game nights at various Catholic Charities locations. She advocates on behalf of Catholic Charities to various stakeholders in the community.

Presentations and Publications

- Presenter: “A Federal Update on Tariffs, Legislation, and Regulation,” *Transportation Safety Equipment Institute (TSEI)* (October 8, 2025)
- Panelist, “Policy Perspectives for Foster Care Awareness Month,” National Foster Youth Institute (June 8, 2023)
- Guest Lecturer: Professional Communications, The George Washington University (March 21, 2023)
- Guest Speaker: AP U.S. Government, Skutt Catholic High School (November 22, 2022)
- Guest Lecturer: Honors American Politics, Marquette University College of Arts & Sciences (November 14, 2022)
- Presenter: “Arts & Sciences Influentials,” hosted by Dr. Heidi Bostic, Dean, Marquette University Klingler College of Arts and Sciences (December 8, 2021)
- Presenter, “Beyond MU: CIRCLES – Recent Grads Cohort,” *Marquette University Alumni & Friends* (September 22, 2020)
- Presenter, “Lobbying During Lockdown- Federal Advocacy During COVID-19,” *National Water Resources Association* (May 28, 2020)

Sectors

- [Health Care & Life Sciences](#)
- [Innovative Technology](#)
- [Manufacturing](#)
- [Medical Devices](#)
- [Payor Provider Convergence](#)
- [Pharmaceuticals](#)
- [Providers of Health Care Services](#)
- [Racial Justice & Equity](#)

Practice Areas

- [Environmental](#)
- [Federal Public Affairs](#)
- [Government Solutions](#)
- [Public Policy & Government Relations](#)

Education

- Marquette University (B.A., 2011)
 - Political Science
 - French
- Georgetown University (Graduate Certificate, 2015)